

STUDY INFORMATION AND PLAYER ASSENT

“The Pathways Project”

Developmental Activities, Behaviours and Motivations in Girls’ Soccer

<click on link for recruitment video: <https://www.youtube.com/watch?v=kaQarCyOy18>>

Principal Investigator:

Dr. Nicola Hodges, Professor, School of Kinesiology, The University of British Columbia.
Phone: (604) 822-5895. E-mail: nicola.hodges@ubc.ca

Co-Investigator(s):

Dr. David Hendry, Lecturer, Department of Sport, Exercise and Rehabilitation, University of Northumbria, U.K. E-mail: david.hendry@northumbria.ac.uk

Carrie Peters, Research Assistant, School of Kinesiology, The University of British Columbia. E-mail: kin.msl@ubc.ca

Zachary Besler, Research Assistant, School of Kinesiology, The University of British Columbia. E-mail: kin.msl@ubc.ca

Dear Player,

We are a group of researchers from the University of British Columbia in Vancouver (Canada) and University of Northumbria in Newcastle (UK). We are interested in how practice activities, like street soccer and organized practice, and other non-practice activities, contribute to skill in soccer and continued participation. We would like you to complete an online survey to provide information on the amount and types of practice, and competitive activities you have been involved in so far. You will also be asked to provide information about your thoughts and feelings towards soccer. We are also asking your parent/guardian to complete a separate (though similar) survey about your childhood practice activities, but it is not necessary for the parent to complete the survey even if you do.

This research project was initially launched in March 2020, just as the COVID-19 pandemic and associated sport restrictions came into place. A few people completed the survey at this time. If you already completed the survey, we will be contacting you again to do a short, follow-up survey. If you haven't completed this survey, then we are asking again for your participation. We are

looking for soccer players involved in girls' soccer to take part, if you are between the ages of 13 and 18 years.

It should take approximately 60 minutes to complete the initial survey, but you don't have to complete it all at once. Participation is entirely voluntary, and even if you initially choose to take part in this study you can exit the survey at any time without having to give any reason and without negative consequences. Should you just need to pause at any point, you may close the survey and return to it later using the link we e-mailed you. All your responses (even halfway through a page) are automatically saved. Once a year, in the following 3-5 years, we will invite you to complete a shorter, follow-up survey, which will take less than 30 minutes to complete.

As a token of our appreciation for your participation, you will get a \$15 Amazon e-voucher, for completing the initial survey. In follow-up yearly surveys, you will receive a \$10 Amazon e-voucher for completing each survey we send you.

All answers that you provide will be combined with those of other players who are taking part in this research and will remain completely confidential. However, researchers are sometimes required to make their data publicly available to anyone who is interested in their study. If the data of this study is to be shared, it **will not** contain any personal information, such as your name, your coach, club or team names, or your month/year of birth. Data without any personal information would be shared with our co-investigator, Dr. David Hendry of the University of Northumbria. Although it is possible for individual players to be identified by their past activities and other questions on their behaviour, thoughts and feelings, this risk is low given that there will be data from approximately 200 or more players in this study. Note that once this data is made publicly available, the information that you have provided cannot be withdrawn or removed.

Details of this study have already been provided to your parent/guardian. If we were able to contact you through the e-mail of your parent/guardian or through your personal e-mail, then your parent/guardian has provided consent for you to take part in the study (**parental consent is not required for players 16 years or older**). By completing the online survey, you are demonstrating that you wish to take part in the study. If you have any questions or want

further information about the study please feel free to email Dr. Nicola Hodges (nicola.hodges@ubc.ca) or Carrie Peters (kin.msl@ubc.ca).

If you have any concerns or complaints about your rights as a research participant and/or your experiences while participating in this study, contact the Research Participant Complaint Line in the UBC Office of Research Ethics at (604) 822-8598 or if long distance e-mail RSIL@ors.ubc.ca or call toll free 1(877) 822-8598.

Many thanks for taking part!

Nicola Hodges

Webpage: <http://msl.kin.educ.ubc.ca/>